

## From My Heart...

**M**y Dear daughters, friends and well-wishers,  
Since I communicated with you last, the foundation has achieved several new milestones. Scholarship was given to the 8<sup>th</sup> batch of Lila Juniors (LJs) under the project 2Morrow2Gether. 302 girls from 18 schools were awarded this 10 year scholarship. The commitment to these girls under this project is to support them from 7<sup>th</sup> to 10<sup>th</sup> in the schools and from 11<sup>th</sup> to graduation in colleges. Thereafter if they want to study further they can also get Post Graduation scholarship from our foundation.

The second scholarship function aimed at awarding scholarship to Lila Seniors (LS) i.e. LJ of 2014, who have cleared their SSC Board exam this year and have got admission to the 11<sup>th</sup> class. This is an important move in their life as they choose their career path and move ahead to realise their dreams. Foundation supports them, no matter which path they choose.

Those who passed 12<sup>th</sup> standard board exam i.e. Lila Seniors of 2015 were awarded their 3<sup>rd</sup> scholarship at a function on the 2<sup>nd</sup> of September and became Lila Girls. They have completed their cycle going from Lila Juniors through Lila Girls.

Around 250 eligible Lila Girls/Fellows applied for prestigious **Peace Ambassadors (PA) 2018 program**. **This is the 8<sup>th</sup> batch**. Out of the lot, 60 most deserving candidates were shortlisted for the final interviews. The trustees along with two senior PAs selected 24 girls to go to the U.K. for training at **ASHA Centre** for a 3 weeks '**Wholesome Development and a Sustainable Leadership Program**.' I am very happy to inform you that once again Samena Foundation has sponsored this program. All the PAs were taken to ASHA centre located in Gloucester, U.K. and they are now undergoing a very intense but interesting program, which will change their lives forever. These girls are very fortunate to go through such a well-designed training program. They will also visit city of Bath, Oxford University, where they will listen to the outstanding professors and are lucky to also have a sit down lunch sponsored by the university with some faculties and students. Not only this, but they also will visit Shakespeare house and get some idea of the contribution he has made to the English literature. For the first time novelty program of a day of cricket has been introduced in this program.

**Experts from the field will be conducting the same. The objective is to make the participants learn the nuances of Leadership, team working and also how to accept reality of winning and losing. This mode of training for leadership was recommended by none other than Mr. Shirish Saraf, MD of Samena Capital, who is Himself a Ranji Trophy winner. It is for the first time that this batch has undergone a detailed pre-training in Pune before leaving, better preparing them for getting the most out of their stay in U.K. Special icing on the cake was a full day workshop conducted by Mr. Arun Waklu CMD of Pragati Leadership and a renowned international trainer on WHOLESOME LEADERSHIP.**



You all must wonder what Peace Ambassador's role is and what LPF's expectation from these girls are. The definition as worked out by Dad with inputs from all of us is given at the end of this article. Do read it, contemplate and try to imbibe the same.

The rapid Spread of Digitalization and Artificial Intelligence, along with advances in Mobile Internet, Internet of Things (IoT) Big Data, Analytics, Advanced Robotics, Automation of knowledge work, three Dimensional Printing and Cloud technology are impacting the way work is done & affecting jobs that used Brawn as well as Brain. Technology obsoletes itself at an increasingly accelerated pace. In this scenario just a college degree is not enough. Continuous upgradation of skills is needed.

Research improvements to machine learning algorithms will be one of the hot skills of the future. Program management and test is another skill necessary to be acquired which would enable developing the systems and infrastructure that can apply machine learning to an input data set.

The question arises as to what is Machine Learning? In simple terms Machine Learning involves applying AI to a specific framework to specific problem in different domains. For example, applying machine learning

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to gesture recognition, advertisement analysis or fraud detection. Thus it is just like any other software engineering position, though it is good to have some understanding of Machine Learning and AI, and very good mathematics skills.

In not so far a future, the existing jobs in most of the sectors will start to disappear. Sectors such as Automobile industry, retail trade, healthcare, Insurance, Financial services, teaching, Human Resources function, Marketing and Advertising, Lawyers, Architects Journalists are to name a few.

In automobile sector the jobs that will disappear over a period of time will be welding, painting technicians, press machine operators etc. But new jobs will be created, there will be need for automobile analytic engineers, 3D printing technicians, machine learning based vehicle cyber security experts and sustainability inspection experts.

In retail sector jobs of cashier, inventory assistants, sales representatives etc will no longer be there, instead there will be new job requirements. Retail data analysts, digital imaging leaders, IT process moulders, digital marketing specialists and customer experience leads. The change will happen from sales associate to fashion consultant, from stores assistant to product facilitator, from warehouse coordinator to inventory management and logistics specialist and many more. In every sector mentioned above and there will be disruptive changes.

Why am I writing about this in this message to all of you girls? It is just to make you aware that only your academic degree of graduation in any field will not be enough in the future. You need to ensure that you develop certain new skills to cater to the new technologies. These changes will create new opportunities for those who will develop new skills. There will be new requirements for software developers, creative and multimedia professional, online sales and marketing professionals, Computer vision engineers, wireless network specialist, embedded system programmers, data scientists, data architects, AI research scientists and many more.

So my Dear daughters, while basic education and degrees will be required, you will all have to walk that extra bit to make the cut. Try to find what interests you and develop those new skills in addition to your degree. While there are challenges, there are also tremendous opportunities.

I would like to give you an example of one of our own Lila Girls - Anjum Pathan. She got LPF Scholarship in 2010 and completed her computer engineering in 2014. She immediately got employed in a company named Kantar. After working for close to 4 years for this company on data analytics, she thought it is time to deep dive into the subject and thus thought of pursuing some more formal education on the same. After some research, she came to know about a wonderful MBA program specializing in Data Science, being offered by NIIT University in Rajasthan. She took the leap, left her job and attempted the exam and interviews, which followed and cleared the same. The new course has started and she feels this is going to be a great turning point in her professional life, since data science is in boom. Upon completion of her MBA, she has been assured a job at NIIT Technologies as a Sr. Data Engineer on a handsome pay of Rs. 15 LPA. I am very proud of Anjum.

Each one of you can take a cue from this and recharge your batteries for the future opportunities. The best helping hand is at the end of your own arm. You must think for yourself and take your own decisions and move on.

I wish all of you good luck. I want to see each one of you contributing to this new dynamic world of technologies.

Definition of PEACE AMBASSADOR –

Good luck and God Bless

Mom to all LILAS

Friend to all readers.

*Lila.*





**B**asically, 14<sup>th</sup> was his birthday, but the entire week was full of celebrations!

The celebration started on 8<sup>th</sup> April with a trip to Panchgani along with Dad, Mom, Staff Members, PA-2016 and 2017 and few senior Lila Fellows. Our first halt was at Mapro factory where we all had sumptuous breakfast and also enjoyed yummy strawberry ice-cream. The volunteers from the factory told us the actual process of all the MAPRO products. Then we continued our journey



*DAD's Birthday Celebration started on 8th April at Bel-Air College*



*DAD's Birthday Celebration started on 8th April at Bel-Air College*

for Bel-Air College, Panchgani. We were really amazed to see all the arrangements they did for the grand celebration. The affectionate welcome, lip-smacking cake, amazing performances, melodious songs, beautiful cake cutting ceremony, gifts, and mouth-watering lunch everything was just mesmerizing and perfect. This was not the end, but they had also arranged strawberry boxes for us to carry it home. Coming towards the end of the day, Panchgani had a sudden rainfall which made us believe that even God wanted to join us and bless Dad with the shower of his love and blessings.

Continuing with the celebration, C.E.S's Utkarsha English Medium School had also arranged the beautiful celebration on 11<sup>th</sup> April where Dad was welcomed with **Lezim** and **Dhol** performances by Lila Junior's. Dad and Mom both were felicitated with the token of love. The celebration was followed by the luscious snacks.

At last, the day came i.e. 14<sup>th</sup> April; celebration of the birthday party began with cake cutting at dad's place at his breakfast table along with Mom. The celebration continued at LPF office along with the Office Staff. Dad's



*Birthday celebration on 11th April at Utkarsha Marathi Medium School*



*Birthday celebration on 11th April at Utkarsha Marathi Medium School*

cabin was fully decorated with the colorful ribbons and balloons. The whole staff made its own contribution to their beloved Foundation as Dad's Birthday gift. Again the celebration continued with the cake cutting followed by the group photographs. Peace Ambassadors 2016 and 2017 also celebrated Dad's birthday on the 2<sup>nd</sup> floor of FILI VILLA building. The cake made by the PA's was mouth-watering and the decoration was just remarkable. With this, the day came to an end followed by marvelous dinner with Mom.

It was a very wonderful celebration and like always, a festival for us !



*DAD's Birthday Celebration starts on 14th April at his breakfast table in house*

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### BIRTHDAY WISHES RECEIVED BY DAD

Fabulous show of love and regards. Lovely pictures. What a lot of trouble they took to plan this grand celebration for you. I felt I was there. So glad you are giving scholarships to Nursing students. They form the backbone of the health care system. Terrific Birthday, Firoz!

God Bless You with Many More!

Love,

**- Maya Thadani**  
(Trustee and well -wisher)

Dear Dad,

I am so lucky to have such a wise and encouraging father like you. Happy birthday dad. I hope all your birthday wishes and dreams come true. Love you Dad.

Your faithfully

**- Tuba Ansari**  
(LG-2017) Wardha

Dear Dad,

Today is the most special day for all your daughters, because if that day had not come, we could not have had a dad like you. Dad, you and mom provide all the facilities to your daughters that the real parents could not afford. Wish you many many happy returns of the day dear dad, may your all dreams comes true, may god shower his blessing and happiness on you. Happy birthday to my dad.

Yours lovingly,

**- Pallavi Virkhade**  
(LG-2017)

Wishing you a very happy birthday dear dad. Stay evergreen, full of energy, healthy, happy forever as you are ... Happy birthday to the greatest dad on earth... Happy birthday to most kind dad of thousands of daughter, lucky to get u as not only dad, but also a best friend, care taker, n much more... Happy birthday dear dad. Eager to meet you both.

Love you.

**- Soniya Sarang**  
(LG- 2009 and PA -2012)



*Birthday celebration arranged by LPF staff*



*Celebration by PA 2016 and PA 2017 girls on 2nd floor of FILI VILLA building*



*Cake Cutting with Lila Girls and Lila Fellows.*

Hi Dad,

Happy birthday to my best dad I ever had, and probably the best dad that anyone has ever had. I hope your all dreams may come true. Once again a happy birthday. Happy birthday to you, happy birthday to you, happy birthday to you dear dad, happy birthday to you, may god bless you may god bless you happy birthday to you dad, happy birthday to you.

Love you,

**- Tejaswini Gawande**  
(LG -2017)

Dear Dad,

Wish you many many happy returns of the day dad. May GOD decorate each Golden Ray Of TheSunshine reaching you with wishes of the success, Happiness and prosperity foryou dear dad ... Wishing you very very happy birthday....

**- Vaishnavi Aglawe**  
(LG-2017)

तुम्हीच माझ अस्तित्व बाबा  
तुम्हीच माझ पूर्णत्व  
तुम्हीच माझी ओळख बाबा  
अन् तुम्हीच माझ सर्वस्व  
वाढदिवसाच्या मनापासून शुभेच्छा ...  
बाबा

**- Rakhi Kirtankar**  
(LG-2016)

Dear Dad,

You are our hero, our role model, the man who we always look up to and dream to become. Happy Birthday Dad, May you be blessed with healthy and long long life. We, both the sisters, Shivani Battulwar (LG- 2014) and Kalyani Battulwar (LG- 2016) are really very lucky that we are your daughters and members of LPF family, we always feel so blessed about it. Thank you so much for everything. It will be such a pleasure to give something to LPF family as a token of love from us and we promised to do so through our studies and goals. And yes one more

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It was a memorable day on 7<sup>th</sup> July, 2018 when Lila Poonawalla Foundation (LPF) awarded scholarships to over 300 school girls. The 8<sup>th</sup> School Scholarship Award Function was held at MFH Hall, Cummins, Balewadi. Parents were full of joy.

The function was too big to handle at one go. Therefore it was split into 2 functions. One was organized in the morning and other in the afternoon, followed by lunch and dinner, respectively.

Beginning in the year 2011, LPF introduced '2morrow 2gether' School Project Initiative. Starting with just 5 schools, in its inaugural year, LPF is now working with 19 schools.

Morning function was honored by LILA FELLOW DR. SARIKA DEORE (recipient LPF PG scholarship in 2001 and PA 2009) as a Chief Guest and Mrs. SHIVANI NAIK SHAH (Mrs. India Queen of Substance 2018) as Guest of Honor. In the afternoon function another LILA FELLOW DR. RUTA LIMAYE (recipient of LPF PG scholarship 1999) joined the function as a chief guest.



*Eco-Friendly Inauguration: Mom, Dad, Chief Guest: Dr. Sarika Deore (LF -2001 and PA-2009), a Gynecologist along with Guest of Honour: Mrs. Shivani Naik Shah (Mrs. India Queen of Substance 2018) and Dr. Sangeeta Kale (Trustee, LPF), Mrs. Pallavee Gokhale (LF- 2001 and Committee Member, LPF) pose for a group photo*

It was during opening moments of the Award function, that Mom welcomed the new Lila Juniors with open arms into the ever-growing LPF Family. Mom appealed to new LJ's to take inspiration from senior Lila sisters and the Chief Guests and also asked to study well, to

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wish from parents, "Janamdin ki bohot bohot badhaiya. Bhagwan आपको both lambi umar de." They remind me to wish you from their side too. Hope to see you soon as it has been long time we haven't met. Once again many many happy returns of the day Dad. Love you so much.

**- Shivani Battulwar (LG-2014) and Kalyani Battulwar (LG-2016)**



*Mom, Dad, Chief Guest : Dr. Ruta Limaye (LF- 1999 and Researcher) along with Dr. Harshada Babrekar (LF- 2001 and PA 2009), Mrs. Vaishali Halbe (LF- 1996, School Committee Member) Mrs. Ashwini Singh (School Committee Member), Mrs. Vasanti Joshi (School Committee Member), giving away the certificates*

participate in all the programs, to develop themselves and become young successful, smart, confident ladies. She requests the parents to allow their girls to achieve their dreams, and not to refrain them from moving ahead in life.

Chief Guest Dr. Sarika Deore and Dr. Ruta Limaye unified in their message to the young girls and their parents, and highlighted the importance of education.

Adding to this, our Guest of Honour Mrs. Shivani Naik Shah shared her words with young ones and parents. "You are special, unique and no matter what happens, you are going to ahead and never look back. Always keep love and gratitude in heart for mom and dad. Reciprocate the same help to someone, so that one fine day, they will come and say, I was inspired by you and never gave up."

On both functions past and New Lila Juniors expressed their gratitude towards Mom and Dad for giving them opportunities, necessary and timely help.

After this Dad felicitated the Lila Juniors and Lila Seniors who successfully cleared their SSC and HSC board exams with flying colors.

In this Award function the new batch of Peace Ambassadors that is PA-2018 was introduced.

The functions concluded with the Vote of Thanks and National Anthem.

One of the greatest titles in the world is parent, and one of the biggest blessings in the world is to have parents to call mom and Dad.

Dearest dad, thank you so much for being a great father for all of us. Wish you a very Happy Birthday.

**- Yogita Chauhan (LG-2016)**



Unlike any other foundation, LPF is more than just about providing financial aid to girls. The foundation besides empowering girls through education also ensures that these girls are made conscious of their responsibility towards the environment. The aim of Lila Poonawalla Foundation (LPF) Green Initiative is to create environmental awareness among school-going girls who are the future of our country.

This initiative has been undertaken by a batch of Peace Ambassadors 2016 under the guidance of Dad - Mr. Firoz Poonawalla, to educate their younger sisters - Lila Juniors i.e. children in schools supported by the LPF. The initiative focuses about educating these young girls not only plantation but also how to maintain plants, love them and sustain them and create a healthy environment. Peace Ambassadors are Lila Girls and Lila Fellows who are chosen to be a leader to spread peace and happiness not only in their personal life but in the society at large.

Currently the Green Initiative project has been initiated at 4 schools in Pune - Anjuman Urdu School, Anjuman English School, Chaitanya English School, and St Clare's school. Saplings like Devhari, Nevali, Tulsi, Aloe vera, Oxalis were planted at these schools. The project was



implemented on the 4<sup>th</sup> and 5<sup>th</sup> of August.

As a part of this initiative, a drawing competition with the theme of how to create a better, cleaner, greener environment was held. Mr. Shamshad Arif Pathan was the Judge for this competition. The best creations were awarded prizes at the hands of the Chief Guest - Firoz Dad. After that everyone enjoyed delicious Snacks.

Rambling about the environmental crisis is leading us nowhere. But with initiatives as this one, the future of the world is sure to be better than today.

### सलाम

हे हो चुके हम आदि इंसानों की भावनाओं का कत्ल करने के,  
की तुरंत आ भी जाता है माफीनामा,  
न जाने कैसी होती होगी उस माफीनामे की रूपरेखा,  
जो बेजुबान के कत्ल की चीखों का लेता है मजा।  
हे रंगी उनके खून से हमारे सौंदर्य की रंगोली,  
न जाने कैसी है ये हैवानियत,  
हे बनती उनके हर हिस्से की एक गोली।  
हे नहीं कोई हानि उनके शव के इस्तेमाल से,  
आखिर आझादी की साँसे जो चली थी उनमें।  
आ दमका सब कुछ किस्मत पर,  
होना ही था उनके साँसों का व्यापार,  
नहीं थी थोड़ी भी बचने की उम्मीद,  
आखिर ए वन निकला था वो माल।  
मेरे मस्तिष्क मे यह बात अभी भी घुमती है,  
क्यों होता हमारे रोगों का उनपे प्रयोग,  
सिर्फ इंसानों की प्रगति के नाम,  
जबकी ये प्रगति सिर्फ इंसानों से नहीं पुरी सृष्टि से होनी है।  
पता नहीं करके अत्याचार ईश्वर के ही अनोखे सुंदर आविष्कारों पर,  
कौन से अंधेरे भरे प्रगति की ओर हम कर रहे है प्रस्थान।  
करके उनका ही सेवन,  
कर पाते है हम चौड़ी अपनी छाती,

तभी दूख होता है इतने कत्ल के बाद भी,  
अधूरी रहती है इंसानों की खुशी।  
कत्ल के बाद है खाना, पीना या वस्तु उनकी पहचान,  
बड़े ताव से झलकते है हम अपने इस अपराध की छवि।  
है विज्ञान का दृष्टिकोण भी ठीक,  
है रखनी समानता हमें सृष्टि में,  
मगर कैसे होगा ये न्याय,  
जहाँ ना ढंग से जीने मिलता है पिंजरे में,  
और ना बाहर निकलर मरने पे।  
हे हमारे पास उन्हें काबू करने के तरीके हजार,  
मगर काश होता पहला तरीका प्यार,  
लगाकर दो तीन सुई उन्हे,  
मान लेते है हम खुद को एक योद्धा महान।  
हे नहीं हम किसी के खिलाफ,  
बस डर है उस घड़ी से जब होंगे वो हमारे खिलाफ।  
लेकर खाने से संशोधन तक,  
चढ़ी पहली बली जानवरों की ही,  
जो बिना कीमत होते है शहीद,  
एक सलाम तो बनता ही है उनके प्रति।



**Dolly Ghumavat**  
(LG-2017)

**Ms. Shivanjali Kapse (LF-2012) wishes to introduce us to the new and challenging field of science "Genetic Counselling". There are very few people working in this field in India and she is one of them. Currently she is working as an associate genetic counsellor at Lilac Insights, Mumbai.**

**G**enetic counseling is advising prospective parents concerning the risks of genetic disorders in a future child. It is the process by which the patients or relatives at risk of an inherited disorder (or may be carrying a child at risk) are advised of the consequences and nature of the disorder, the probability of developing or transmitting it, and the options open to them in management and family planning.

Genetic counseling is the understanding and adaptation to the medical, psychological and familial implications of genetic contributions to disease. This process involves following steps:

1. Knowing and interpreting family history to assess the chance of occurrence or recurrence.
2. Educating would be parents about causes, certain tests, management, how to prevent and the resources available.
3. Adapting risk or condition

Genetic counselors work as members of a health care team and act as patient advocates as well as genetic



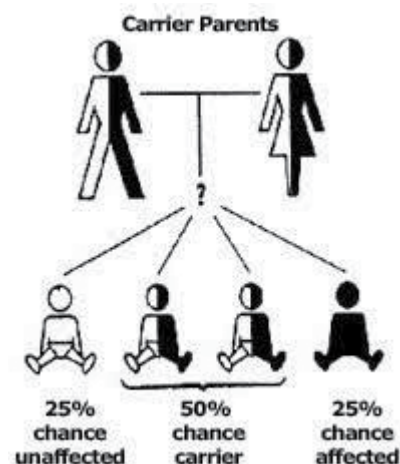
resources to physicians. They play key role by providing information and support to the families who have members with birth defects or genetic disorders, and to the families who may be at risk for a variety of inherited conditions. They identify families at risk, investigate the problems present in the family, interpret information about the disorder, analyze inheritance patterns and risks of recurrence, and review available genetic testing options with the family. A genetic counselor is an expert with a Master of Science degree in genetic counseling.

Genetic counselors are present at high risk or specialty prenatal clinics that offer prenatal diagnosis, pediatric care centers, and adult genetic centers. Genetic counseling can occur before conception through adulthood. Genetic

counselor bridges the gap between doctor and the patients. Genetic counselling (GC) is where patient and clinicians are informed about the inheritance pattern, genetics aspect and implication of the disorder. GC helps in genetic diagnosis, gives risk assessment, helps giving the options for preventive measures. There are many other reasons where genetic counseling should be advised for advanced maternal age (>35 years) like family history of genetic condition (Chromosomal/ single gene), previous child with chromosomal or single gene disorder (Thalassemia DMD), late onset disorder (like Huntington, Myotonic dystrophy). Etc.



Genetic Counseling is a vibrant field that has a good scope for counseling. The available testing options to reach to a diagnosis are limited. Generally, genetic conditions do not have a treatment, only preventive measures or stimulation therapies can be given. Upbringing of a special child needs lots of patience, strength and financial support. There are many aspects of genetics that are unexplored which gives scope to excel in this field. A bachelor's degree in biology or a health care-related field typically is a requirement for enrolling in a genetic counseling master's degree program. These programs provide students with the science and mathematics knowledge needed for a career in genetic counseling. Such kind of degree involves jobs as Clinical research associate, Healthcare scientist, genomics, Healthcare scientist, immunology, Pharmacologist, Plant breeder/geneticist, Research scientist (life sciences), Research scientist (medical).



The lifestyle is changing, there are pregnancies planned at advance maternal and paternal age which is one of the leading factors for the occurrence of the disorders, there are blood relation marriages that lead to same gene pool and may lead to many genetic conditions. For Further guidance please free to email [shivanjali.kapse@gmail.com](mailto:shivanjali.kapse@gmail.com).

Ms. Shivanjali Kapse (LF-2012)

## Pune Placements

Name	Scholarship Year	Placement
Nikita Sunil Jadhav	LF - 2015	Wipro as Project Engineer with package of 1.8 LPA.
Pooja Anil Tikone	LF - 2015	Jahangir hospital as Clinical research co -ordinator with 1.94 LPA
Pranjali Satish Takale	LF - 2016	Grandview research as a market research associate with 5 LPA
Jyoti Kishor Chabria	LG - 2014 PA - 2016	Mediaocean as Associate Software Engineer with 6LPA.
Kajol Anil Pawar	LG - 2014	TIAA in Pune as a Developer with 14.5 L PA.
Shriya Sunil Barate	LG - 2015	Deutsche Bank as Developer with a package of 11.5 LPA
Olivia Jerome D'souza	LG - 2015	Capgemini as Associate Trainee with 2.1 LPA
Sonal Rajendra Limbore	LG - 2015	L&T Infotech at Bangalore and working on production support project with 2.48 LPA
Shital Rajshekhar Kalshetti	LG - 2015	Capgemini at Bangalore with package of 2.1 LPA
Swarada Sunil Dekhane	LG - 2015	L&T Infotech as Associate Trainee with package 2.48 LPA
Shivkanya Sandipan Shinde	LF- 2015	Systems Engineer Trainee with Infosys, on package of 3.5 LPA
Kavita Devram Dhokare	LF-2015	Indomal as medical care co-ordinator 1.8 LPA
Shraddha Sandeep Thopte	LF-2015	SCI Edge Abserchs company as Trainee officer with pkg 2.77 LPA.
Vedija Jayant Nagarkar	LF-2015	Nulife Pharmaceutical, Pimpri as QA officer with package 1.2 LPA
Mamata Kailas Tayade	LG -2015	Rackware Technologies, Baner as a Trainee Software Engineer with 9lpa salary
Sampada Manoj Lokhande	LG 2014	Robert Bosch Private limited with 7 LPA

## Wardha Placements

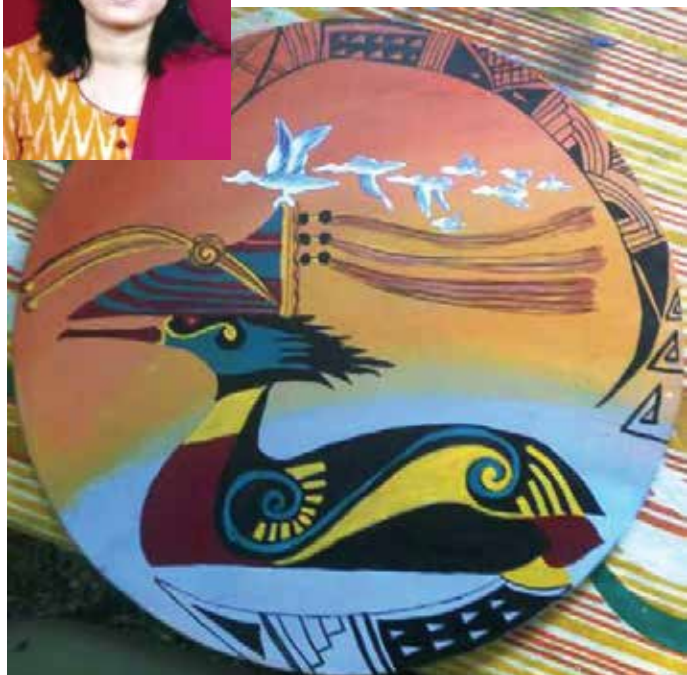
Name	Scholarship Year	Placement
Vishi Purushottam Paliwal	LG 2014	TCS at Mumbai and got package of 3.37 LPA as Assistant System Engineer
Sneha Sudhakar Hatwar	LG 2015	Capital Height Indore Business analysts with package of 2.46 LPA
Megha Gajanan Sawarkar	LG 2014	Endurance Tech Pvt Ltd Aurangabad as trainee engineer with package of 1.2 LPA
Snehal Mahadeo Deshmukh	LG 2014	Market magnify investment adviser and research Pvt Ltd Indore as Business Analyst with package 3 LPA
Sneha Harishankar Pathak	LG 2014	K G Information System Pvt Ltd Jr Process Associate L-1 with package 1.5 LPA
Pratiksha Sadanand Kute	LG 2014	CEINSYS IT Park Nagpur with package 1.32 LPA as executive
Shraddha Manoj Deodhe	LG 2015	Endurance Company Aurangabad as Trainee Engineer with package 1.2 LPA



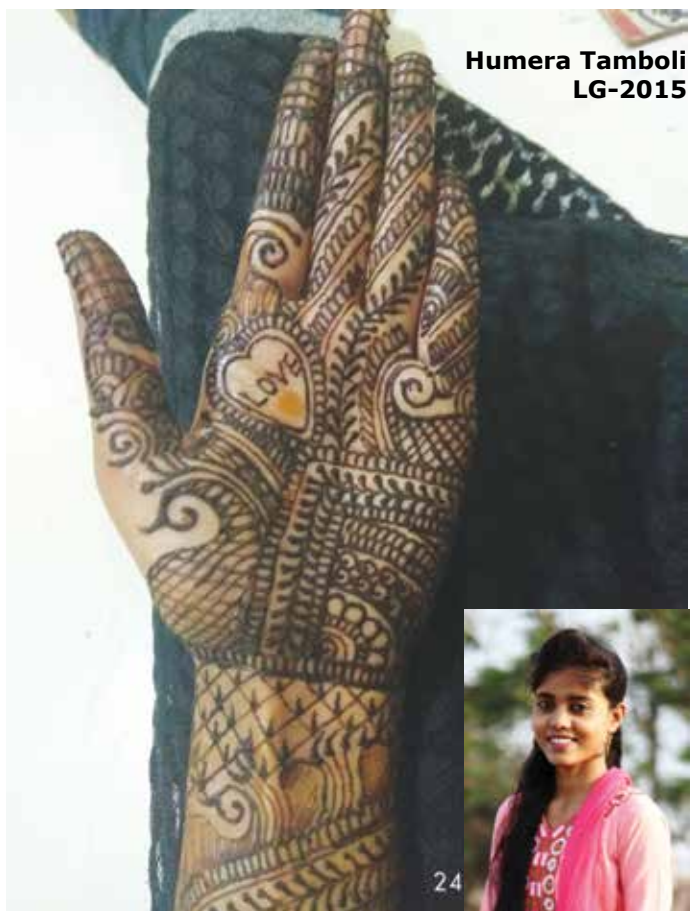
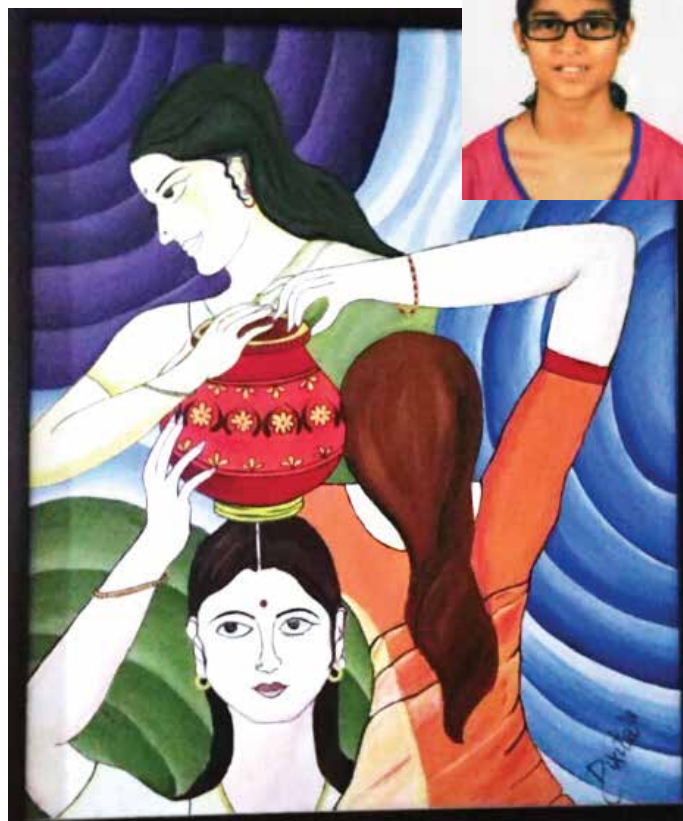
Name	Scholarship Year	Placement
Shraddha Pandurang Panbude	LG 2014	Rudra Industries Aurangabad as junior engineer with package with package 1.44 LPA
Chetana Santosh Chalkar	LG 2014	E Clinical works Ahmedabad as software specialist with package 2.65 LPA
Khushbu Dipak Ingale	LG 2014	AXIOM Tech Ltd Nagpur as Executive with package 1.2 LPA
Pranali Sheshrao Bhute	LG 2014	Motif Company Ahmedabad as executive with package 2.34 LPA
Pratiksha Ravindra Hande	LG 2014	Motif Company Ahmedabad as executive with package 2.34 LPA
Sneha Babarao Mhaikar	LG 2014	INDURANCE Company Aurangabad as Trainee Enginner with package 1.2 LPA
Priyanka Sunil Bhokare	LG 2015	Epic Research Company Indore with package of 2.5 LPA as Associate Financial consultant
Sneha Ashok Daf	LG 2014	NGO - SSSMV Prayogwan Nagpur with package 8 LPA
Diksha Ramesh Gupta	LG 2014	TCS at Mumbai with 1.92 LPA
Pratiksha Farojchand Ghadge	LG 2014	Vencutre Finance Company Pune, Nagpur with 2.16 LPA
Samruddhi Rajesh Buche	LG 2015	Dhoot Transmission Aurangabad with package 1.38 LPA
Pratiksha Dipak Pande	LG 2015	Varroc Engineering Pvt Ltd Aurangabad with package 1.8 LPA
Ashwini Laxman Rade	LG 2014	Dhoot Transmission Aurangabad with package 1.2 LPA
Airin Michael David	LG 2014	National Cancer Institute Nagpur with Package 2.1 LPA
Amrapali Shishupal Ramteke	LG 2014	National Cancer Institute Nagpur with Package 2.1 LPA
Ashwini Vishnuji Potdukhe	LG 2014	National Cancer Institute Nagpur with Package 2.1 LPA
Bhagyashree Rajesh Dhenge	LG 2014	National Cancer Institute Nagpur with Package 2.1 LPA
Darshana Babarao Shinde	LG 2014	National Cancer Institute Nagpur with Package 2.1 LPA
Mrunal Janardan Raut	LG 2014	National Cancer Institute Nagpur with Package 2.1 LPA
Pallavi Sureshrao Agarkar	LG 2014	National Cancer Institute Nagpur with Package 2.1 LPA
Pranali Rameshrao Bhoyar	LG 2014	National Cancer Institute Nagpur with Package 2.1 LPA
Pranjali Jambuwant Naik	LG 2014	National Cancer Institute Nagpur with Package 2.1 LPA
Punam Vishnuji Sarate	LG 2014	National Cancer Institute Nagpur with Package 2.1 LPA
Sampada Vijay Late	LG 2014	National Cancer Institute Nagpur with Package 2.1 LPA
Shiwani Gajanan Battulwar	LG 2014	National Cancer Institute Nagpur with Package 2.1 LPA
Surabhi Damodhar Moraskar	LG 2014	National Cancer Institute Nagpur with Package 2.1 LPA
Tejaswee Vijayrao Lohakare	LG 2014	National Cancer Institute Nagpur with Package 2.1 LPA
Tejswini Gajanan Sable	LG 2014	National Cancer Institute Nagpur with Package 2.1 LPA
Nikita Suresh Himane	LG 2014	Dhoot Transmission Aurangabad with package 1.2 LPA



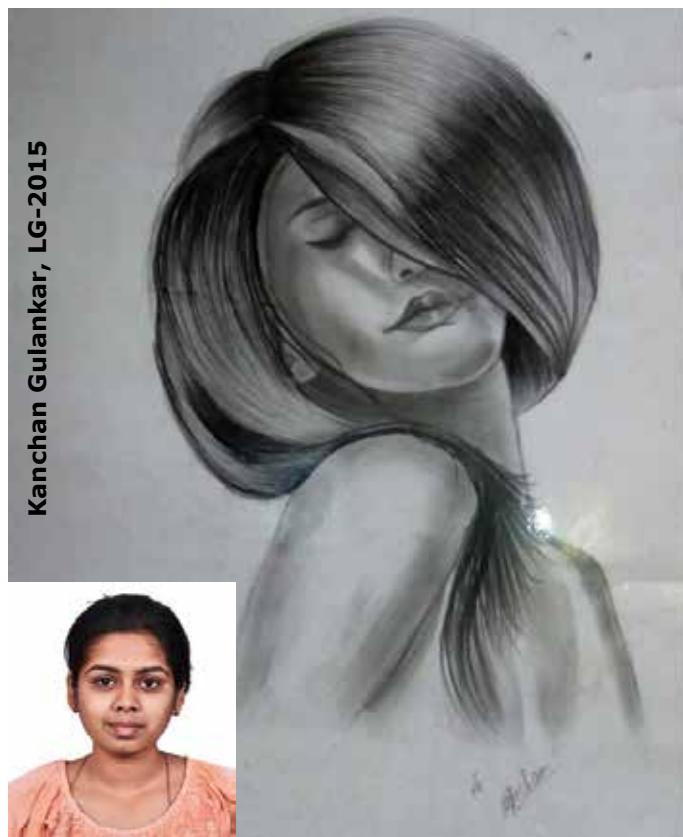
**Deepa Krishnamurthi**  
LF-2005 and PA-2008



**Dixita Jain**  
LG-2016



**Humera Tamboli**  
LG-2015



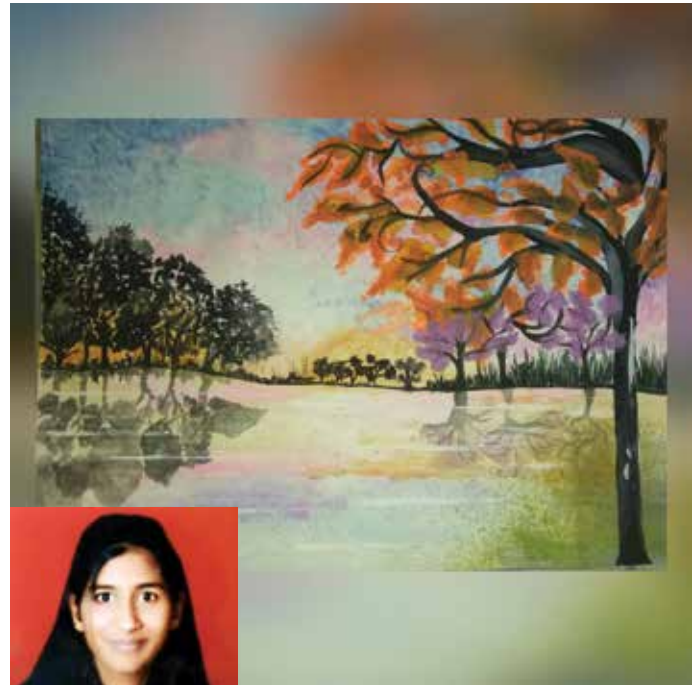
**Kanchan Gulankar, LG-2015**







**Khushali Argade**  
**LG-2017**



**Sanchi Goel, LG-2017**

## ***I am a Woman***

*Yes, I may not look beautiful all days of the week since beauty is more than just skin deep*  
*Yes, I may not be dainty and elegant but a lot more unwavering and electric*  
*Yes, I may not be a good cook, serving fancy food to my love but may do a lot more to reach his heart*  
*Yes, I may not be fond of kids and may not want to raise one*  
*Yes, I may not shy away from discussing about sex and periods aloud because they are no word taboos for me*  
*Well, I may be a backpacker who loves going on long bike trips all by my-self*  
*Yes, I may be ruthlessly ambitious who would want to nurture those dreams till the sky is the limit*  
*Yes, I may be an atheist with humanity being the only virtue*  
*No, don't be surprised if you see me impassive and aggressive,*  
*Since I may not be a deity of tolerance and poignancy but just conscious to know when it's time to put my foot down*  
*No, don't assume I am the damsel in distress, because I may also be the knight in armour who may just thwart all the oppression*  
*Yes, I am, I am still a woman, breaking all those stereotypes surrounding the word*  
*I am, I am a Woman "not" guilty of being the one "not" what you'd imagined*  
*Because I am Invincible, the Unbreakable*  
*Leaving behind a Legacy of Strength and Invulnerability*



**- Tejal Goyal**  
**LF-2008**

## Meeting Life Challenges and Empathy Workshop

**C**hallenge Yourself..!!! Yes life is all about how to face a challenge in any situation. So foundation arranged a session on Meeting Life Challenges and the various ways to overcome it. The program was conducted by Miss Shubhangi Kulthe (LG- and PA-2017) and Miss Pooja Lokhande (LG- and PA- 2017) for LGs from diploma in engineering.



During this session LGs learnt the importance of Empathy in day to day life. The difference between Empathy and Sympathy was discussed as well. The girls also learnt how to help others, how to overcome the problems bravely, how to deal with challenges and take them positively and finding out the solution.

## Team Building, Four Temperaments & Enneagram

**T**he session was conducted for Lila Girls (LGs) to make them realize their role as an individual in a team, the importance of coordination which will help them in future to understand how to work in a team and the importance of team building. The program was conducted by Alfia Kazi (LG-2013 and PA-2017) and Kajal Kabra (LF-2016 and PA-2017). They explained how different temperament people can help each other to balance the situation and be calm and handle all the things in an organized manner.



During this session girls learnt the concept of four temperaments and how to recognize a person based on these concepts. They learnt how to tackle or overcome any situation, by knowing ones personality traits. It was a great learning experience towards improving personal skills. It gave a good insight on how to deal with people in their life. Through the enneagram session, girls came to know about their own nature, strengths and special characteristics of their personality. Session was value adding on both, professional as well personal front.

## Corporate Readiness Workshop by Amdocs

**A**mdocs Corporation is a leading software and services provider to communications and media companies, accelerating the industry's dynamic and continuous digital transformation. The Corporate Readiness workshop was conducted by Amdocs team in their office for all final year engineering Lila girls. This batch comprised of Lila girls studying engineering in to Computers, Information Technology and Electronics and Tele Communication stream.

The workshop started with an introduction and a brief agenda of the day. The entire workshop touched upon some very important points such as trends in IT organization, expectations from fresh graduates, corporate etiquettes etc.

Here are some important learnings gathered by Lila



Girls: They learnt about the working of corporate sector, leadership quality which we should possess. It was very helpful session that would benefit them during campus interviews. Girls learnt about the key to achieve success, how to be different than others, which qualities they should build in themselves, when is the right time to select domain of work so that we can focus and start to work on it. Floor visit was a unique experience for girls as for the first time they could view the actual corporate environment this closely. Interview techniques mentioned in the session would sharpen our career and job opportunities. The session also included topics like corporate etiquettes and group activities which were very useful and interesting. Girls also got to know new technologies, domains like DevOps, Big Data, IOT (Internet of Things).



## Emotional Management

**E**motional Management is the ability to identify and manage your own emotions and the emotions of others. It is generally said to include three skills: emotional awareness; the ability to harness emotions and apply them to tasks like thinking and problem solving; and the ability to manage emotions, which includes regulating your own emotions and cheering up or calming down other people. The workshop was conducted by Mrs.Meera Natrajan for nursing girls.

*"Nurses need to treat patients with respect and dignity. The best nurses also show empathy and compassion for their patients. But can empathy go too far? The answer is maybe. As a nurse, if you are unable to maintain your professionalism and good judgment because you are emotionally involved, then it may be time to take a step back and evaluate the situation. The key is to find a balance between empathy and objectivity",* written by Author Jodie Price. Emotional



Management program focused on this same aspect, it was to know your emotions and the empathy towards others.

The Lila girls understood their Emotional Quotient (EQ) by performing an activity, which included questions

based on Emotional Quotient. At the end of this activity they understood their areas of improvements. Ladies in this profession face a lot of problems during their hospital duty, this workshop gave them insight on how to handle and react to situation that will help them overcome their work related problems.

The trainer included another activity where girls could discuss their problems they face while performing their duties, after the discussion trainer consulted each group and gave solutions to their problem. In this way the workshop was made interactive and very useful to all students (Lila Girls) studying Nursing subject.

## Winning with Body Language

**"O**ur Bodies Change Our Minds... and Our Mind Changes Our Behaviours.....And Our Behaviours Changes Our Outcomes." Monika Nair conducted a session on "Body language". She has 12 years of experience in diverse fields such as Customer Service, Customer Life Cycle Management, Training and Quality, and Building Customer Loyalty and Churn Management.

What is the most important ingredient for success and achievement in today's workplace? What is the foundation for supportive, cooperative work and personal relationships? The answer to these questions is 'the ability to communicate skilfully and confidently with people'. Meaningful and articulate communication is the need of the hour. One Communicates both verbally and through nonverbal actions/gestures, while one is clear about verbal communications; one does not realize the signals one sends through their body gestures.



Body language refers to the nonverbal signals that we use to communicate. According to experts, these nonverbal signals make up a huge part of daily communication. From our facial expressions to our body movements, the things we don't say can still convey volumes of information.

It has been suggested that body language may account for 50-70 % of all communication, hence understanding and practicing body language is very important. From this workshop Lila girls learnt a lot of new things firstly, why is body language important. They became aware about the mute communication.

Girls learnt about how to behave while working and staying in a community. They learnt about the facial communication, how to build confidence and how to get rid of stage fear.

The session was really awesome and informative they learnt of how to talk with the unknown people. They learnt about the verbal and nonverbal communications.

### Effective Tricks for Cracking Interview

We attended workshop on *effective tricks for cracking interview*, now I am very confident to face any interview, 99% sure to crack the one. I participated in each activity conducted by Manish sir during session. Thank you, Mom, for organizing such an important workshop and building our confidence. I would also like to share that I am preparing for gate exam.



Prajakta Ambekar (LG -2016), Manjiri N. Pise, (LG - 2016 Wardha), Saleha Ansari (LG - 2016), Mayuri Thakre (LG - 2016) share a similar feedback on this program.

### Time Management

I am Studying M.Sc. microbiology. LPF organized a Time Management program for PG girls. It was conducted by Mrs. Monika Nair. She is a great lady. First, she took our introduction in a very different way which was really a fun. Then she taught us four pillars of time management. She explained to us how to manage time by through various activities. In first activity she taught us how to manage personal life



and professional life, then she taught us how to set goals and achieve them, prioritizing, she told us about 80:20 (Pareto rule). So the conclusion is that time is money and this program was really informative. Thank you very much, mom, for conducting such nice programs for us.

- Qamrunnisa Abdul Wahid shaikh (LF - 2017)

### Spoken English

Mr. Rakesh Pendre conducted Spoken English classes for us. He taught us many things about English grammar. Earlier, I had tried many times for improving my English, but could not somehow because I didn't implement it, I didn't speak English in my daily routine. But after attending this class I learned to take initiative. Now I feel confident while speaking in



English. As Rakesh sir said, "*Well begun is half done.*" Yes, the beginning is done and I assure you I will definitely speak English fluently.

- Namrata Mahakalkar (LF -2016)

### Obstetrical and Gynecological emergencies

I am studying in Sinhgad College of nursing, a student of Final Year Basic B.Sc Nursing is writing a feedback about today's program, arranged at Tehmi Grant Institute of Nursing, lecture taken by Mrs. Sarika Zende Mam, on obstetrical and gynecological emergencies.



The topic taught during the session was very informative, the things were taught more accurately, all the basics were explained thoroughly, it has been taught to us in an easy manner, and awareness of the topics was useful in enhancing our skills. By learning today's topics I am now more confident to apply the knowledge in my daily practice of Nursing. I learnt something new.

- Nupur Shिवtare (LG -2015)



**I**t was time for celebrations again as LPF awarded scholarships to the 2<sup>nd</sup> Batch of Lila Seniors who transitioned into becoming Lila Girls and the 4<sup>th</sup> Batch of Lila Juniors were given the new identities as Lila Seniors. The function was held at Noora-Al-Bassam Hall in the morning and evening followed by lunch and dinner, respectively on 2<sup>nd</sup> September, 2018.

These Scholarships are a part of the LPF's **2morrow 2gether** School Project. The selected girls are awarded an **Auto Scholarship** which begins from 7<sup>th</sup> STD and continues through graduation. After their Board Exams, the girls are allowed to go to the stream of their choice (Engineering, Science,



*Chief Guest Mrs. Shukhada Kulkarni (Lila Fellow 1998 & Senior Manager, Emcure Pharma company) awarding scholarship to Lila Senior.*

Commerce, Arts, Diploma, etc). A total of 263 girls (158 Lila Juniors and 105 Lila Seniors) received the Scholarship.

Both the programs had senior Lila Fellows as Chief Guests. Mrs. Sukhada Kulkarni (Lila Fellow 1998, Senior Manager, Emcure Pharma company) honored the first half of the program, while Mrs. Jolly Varghese (Lila Fellow 1998, Architect, Persistent System Ltd.) was a chief guest of the program held in the evening.

Both the Chief Guests urged the girls to do hardwork, think beyond the realms of their curriculum and think outside the box. Each one shared their experience with LPF and recalled the memories of the day when they were in the audience waiting to receive their scholarship at the hands of Mrs. Shobha Dey. They concluded by highlighting the importance of



*Mom, Dad, Chief Guest : Mrs. Jolly Varghese (Lila Fellow 1998 & Architect, Persistent System Ltd) along with Mrs. Ashwini Singh (School Committee Member) giving away the certificates.*

participating in all activities/workshops by LPF and how all those additional inputs from LPF had groomed them to reach where they are in their professional lives today.

The functions were concluded with beautiful words



*Lila Juniors (2014 batch) to be awarded as Lila Seniors (2018 batch).*

from MOM, in her speech she spoke about how girls are not only just great home-makers but also great professionals who have the capacity to multitask and also handle all the responsibilities with grit. She requested all the parents to allow, support and encourage their daughters to realize their dreams and live the life they choose to.

**D**r. Rajni Shivkar's (LF- 2011) life is an example of how with the true dedication of the heart and mind and a genuine helping hand, a girl can achieve all her dreams. Rajni comes from a middle class family. She was born in Makni (Osmanabad district) and brought up in Pune. Having not received proper education, her parents had to face a lot of hardships. Her father is a worker at Bajaj Auto and her mother, though being a house maker, contributes to the household expenses by doing stitching work for women. Rajni's father always dreamed of his daughter becoming a doctor and his son an engineer. Rajni made this dream her own dream manifested it into reality.



Rajni was a bright student right from her school days. She also secured the fifth rank in the standard XII exam. A hard-working and a sincere girl, Rajni put in all the effort needed to clear her MBBS entrance in the first attempt. The only restriction for Rajni was that her family did not have a strong financial background. She had seen her parents sacrifice a lot to ensure that their children could have a better future. Rajni's relatives were fairly well off as compared to them yet they never supported her family. In fact, she had to endure the pain of them taunting her mother for not wearing fancy gold jewellery at family functions. This deeply hurt Rajni and she vowed to complete her education and take care of her family. Despite of their relatives trying to dissuade them from wasting money on a girl's education, her parents stood by her side and Rajni's father applied for a loan at SBI. Rajni made them extremely proud by securing merit throughout her MBBS getting over 70% and put all the taunts to rest once and for all.

The Dean of her medical college recognised her talent and told her to pursue MD as well. Her father was sceptical about this as he thought she should get married now. With the fees to be paid for her brother's engineering, Rajni's father said he couldn't manage both. Her mother stood strongly by her side and encouraged Rajni to pursue MD if she really wanted to. Rajni worked very hard and studied for the medical CET and cleared it successfully. But with the fees being very high, she was worried about her education. In this time of need, God sent her angelic help in the form of Lila Poonawalla Foundation. Rajni read about LPF in a paper and applied for its scholarship. She got selected and all her fears and worries were alleviated.

At LPF, Rajni got introduced to a new world. She was now a recognised, proud Lila Fellow. With the help of the financial aid provided by LPF, Rajni is now in her final year of M.D in Biochemistry at her dream college, B.J. Medical College. She is currently working on a project -Study of ADMA in Coronary Heart Disease. She feels extremely lucky as very few people in India to work on it. She is also completing her dissertation and will soon publish it in International Journal.

Rajni says that she owes her success in her field completely to Lila Mom and her inspiration. Rajni looks up to Lila Mom and feels confident that she'll make her own life successful. Lila Mom always tells her that she should always dream, chase them and fulfil them. At LPF, Rajni attends all the various workshops which have helped her in personality development and many other aspects. Her parents are also a part of the Annual Day event and feel very proud of Rajni for being a Lila Fellow.

Rajni completed her MD in May 2014. She feels, with the help of her degree she will be able to contribute positively to Indian Society by spreading awareness of a healthy lifestyle especially among women as she believes healthy mothers will bring a healthy new generation. She wants to work with LPF in the field of medical and healthcare and contribute in Lila Mom's work. Rajni has set an example in her family and is an inspiration for other girls to become a doctor. She dreams to set further such examples and spread healthcare so she can eradicate diseases from this country as far as possible. She is truly ambitious and determined and has made her parents very proud by achieving her dream successfully. She wished to teach in a medical college and so she joined Government Medical College, Latur. Currently she is working as Assistant Professor and Deputy Quality Manager in Biochemistry Section at Bharati Vidyapeeth University Medical College, Pune-43.

A strong, hardworking girl, hugely inspired by her mother, Shruti Kadam is everything that a Lila Fellow aspires to be. She is a focused and committed student, paving her way to success.



Shruti Kadam (LF-2011) was born to a middle-class family in Chinchwad, Pune, and lost her father while she was still in school. Brought up by her mother and grandparents, Shruti knew very early on that she needed to become financially independent and do her mother proud. Her mother had great dreams for her, and Shruti was determined to fulfil them and touch the stars.

Shruti was her mother's only child, and recognised the need to do her best in everything she attempted. Her mother was her role-model, her greatest source of encouragement and support, pushing Shruti to outdo herself, without caring about what the world would say. Aware of her responsibilities at a very young age, Shruti strived towards excellence, learning the importance of being firm and focused.

Shruti was a smart child, smart enough to understand all the efforts her mother put in to ensure that Shruti had a good education. They dreamed of a bright future and never let anyone or anything come in the way. Shruti was determined to establish a career for herself – and not just any career, the career of her choice.



Shruti's mother is a housewife and as a growing teenager, Shruti wanted to reduce the financial burden that her mother bore in order to support her education. It was when Shruti was in her first year (B.Com.) at Symbiosis College that she learned about Lila Poonawalla Foundation (LPF) and decided to apply to it for her postgraduate studies.

As an MBA student at Modern College, under the University of Pune, Shruti was now a Lila Fellow, well on the way to standing on her own two feet. It is true that her mother no longer needed to support her financially, but Shruti is quick to point out that the LPF scholarship has not given her just financial support. Shruti's relationship with the LPF is like a relationship with a newly-discovered family. Scholarships are merely to overcome temporary financial struggles. A scholarship may be essential, but the LPF scholarship is far more than that; a relationship like the

one she has with the LPF lasts a lifetime. She treasures the insights that the LPF programmes have given her and is confident that they will help her in the future.

Shruti finds herself lucky to have such a wonderful role model in her mother, and strives to be a similar source of inspiration to others, wherever life takes her. In the long run, Shruti aims to work with the Reserve Bank of India. An active girl, Shruti grabs every opportunity that comes her way and has completed her diploma in the French language from the Alliance Française de Pune. She has developed a passion for the language and wants to pursue it along with her career. . She has completed summer internship in KPIT Cummins in Finance. Now she is working at Airport Authority of India (Mumbai) as Executive Finance with 7 lakhs per annum package. Those are the stepping stones – working hard, following her passion and staying committed. Treading lightly on them, Shruti is sure to find success!

## Feedback of Inspira - Vol 51

Feels good to read the updates and activities by the foundation. Kudos to Harshada and the team.

Manjush Dole (LF-1999 and PA 2009)



Hello mam,

Now I am doing MS in ( data science and analytics ) at Paris, France. Inspira is like a motivational book; Lila girls' achievement, their talent is commendable. The LPF programs are inspiring a lot to Lila girls as well as giving them opportunities to learn and to know the world. I really feel blessed for have been a part of LPF as a Lila girl.

Lots of thanks to dear Lila mom and Firoz dad.

Thank you!

Sonali Ghadage (LG-2014)



Inspira has always been a pleasure to read , Mom 's message from heart is most awaited for me . I too wish to be a part of writings in the magazine.

Thank you. Reading was fun.

Garima Singh (LF-2017)



Myself Bharti Shantaram Patil studying in second year computer engineering. This issue of Inspira magazine is looking so fabulous.

Bharti Patil (LG- 2017)



I am very glad after reading Inspira. It has been made incredibly awesome. All those events, memories, emotions, journey and speeches are very creatively shared and represented. And after reading the magazine any person will be left with inspiration, motivation and the so called line by Dad always be generous. Personally, I loved magazine very much I am adding it to my library as a favorite book to read. So, that whenever i feel down i can read and get refreshed and inspired.

Thank you!

Prajakta Awale (LG- 2017)



It is awesome..

Minakshi Dound (LG - 2017)



Mr. Nilesh Sahasrabudhe, Vice President and Country Manager, Tieto- India, is a prominent supporter of Lila Poonawalla Foundation. He possesses 20 years of IT experience and has been working with Tieto since 12 years, out of which 7 years as a country manager. Tieto is a Nordic company. Tieto means 'knowledge' in Finnish language. It's a number one IT consulting company in Finland and amongst top 10 in Norway. Pune subdivision was established in 2006 and they haven't looked back since then. 'Inspira' Chief Editor-Rashmi Tare (LF- 2012 and PA- 2016) and Crusader-Sonal Mohite (LF- 2012) got an opportunity to interact with Mr. Sahasrabudhe.



Mr. Sahasrabudhe feels delighted to be associated with LPF family. **Sustainability and Women Empowerment** being the core values of both, LPF and Tieto. Lila Mom was invited for International Women's day function at Tieto 4 years back. Since then LPF and Tieto joined hands to work together for empowerment of WOMEN. Being first woman engineering graduate in male dominant society, Tieto was impressed by the charismatic work Lila Mom has been doing. Tieto's mission and vision aligns with that of LPF's. Its work is based on 3 Pillars. First is **Women Empowerment**, where they work with LPF and are doing a marvelous headway. Second is **Education**, where they work with 'Identity Foundation', which gives education to underprivileged, street and shelter kids. And third is **Society**, where they do micro insurance for deprived part of society.

Tieto not only gave funds but also met LPF girls, they found them really intelligent. Tieto team started conducting sessions for them on different skills and behavioral training. They conducted sessions for LF/ LGs under the name C2C- 'College to Curriculum'. Their mission is to have more integrated environment in terms of Academia, Social and Corporate. The aim is to cover these three dimensions of development.

Mr. Sahasrabudhe further said, *"Every company is now going beyond monetary profit. Our purpose is value for life, value for people, and value for society. Having a greater purpose that is more than simply profit, keeps an organization together and going."*

Mr. Sahasrabudhe's idea of feminism and woman empowerment is quite modest and unique. He does not believe women as different identity. It has never struck to him that there is a difference between men and women. However, he acknowledges that society does face this problem and people are trying to solve it. And eventually it should get solved. Corporates are trying to solve this problem by giving equal remunerations and opportunities to both female and male employees. He added, "Tieto

is the only Nordic company having 'EDGE certificate' that signifies equal pay for men and women. When recruiting any female candidate, we don't give a second thought, just because she is woman or "just married". Corporate have even started recruiting 50% women employees. However, this reservation or quota is not going to solve this problem and skills should come first, irrespective of the gender. We have to look beyond the gender diversity and start demonstrating the

gender equality". **He encourages every woman to work.** His mother and wife, both are working women themselves.

**When asked about why have you chosen LPF as a partner and what appeals you most about LPF, Nilesh said, "LPF is a well-managed organization in terms of corporate standards? Lila is used to manage large scale organization, which is very much visible in the way she is handling LPF. Ultimately, LPF is more organized, transparent and moreover Lila is consistently available. You ask for any report, and it is readily available."**

**He added, "In case of NGOs, one looks for Integrity and trust. Lila has been working with big corporates, so the trust level is very high here. She is a board member of many corporate companies; she is still on top of the business. Accessibility and transparency is a very fundamental and subtle difference between LPF and other NGO's. The way LPF runs is so electrifying. Although, it's not a corporate, it runs like a corporate."**

His idea and suggestion to all Lilas to sustain in corporate world is very practical. Nilesh believes *"It's good that people are getting decent exposure to IT and other engineering stuff, because that's what is required in today's competitive world. However, don't just get in 'Engineering' mould. Application of your knowledge is of utmost important. Nevertheless, keep in mind to have fundamentals clear and logic correct. That is something where you need to give extra focus."* His advice is to maintain a right balance and be enough practical to know what is happening in outside world. He recommends being aware of what is happening in the industry which is far beyond your formal education.

In order to be up-to-date and to have extra edge, Mr. Sahasrabudhe recommends to participate in hackathons, open forums, open code related practices. Engineering degree and good marks is just an entry point. He added, *"The pattern of selection is changing dramatically nowadays. In interview, you will be asked, how many hackathons have you participated in, what and how*



Dear Mom,

Happy Mother's Day!

On this day I would just like to say that it's not always blood relations that you are bonded to your parents. Sometimes the love and blessings showered by a stranger make you feel home. And the one without whom that home is incomplete is you.

Thanks for being there with us mom. You have just given me another definition of mother that is 'Hope'. When everything rules you out it's just the hope which keeps you alive. The way you care for all my sisters encouraged me to walk on the path laid down by you. You are my ideal mom.

On this day I promise you that the when I will be an independent girl I will join you on this journey in every possible way.

Once again Happy Mother's day!

With Love,

Aditi Rath (LG- 2016 Wardha)



Dear Mom,

God has given me so many things to be grateful for, and Mom, you trump them all. You are like an angel to me who had made everything more beautiful. I can't thank you enough for all your love and support. But still a big big thank you for your never-ending love. I am honored to be your daughter and more proud to have you as my Mom! You are a great mom and truly a hero for all. A small wish on this special day is that I wish to be as strong, loving, inspiring and wonderful as you!

A very happy Mother's day Mom!

May you live a long healthy life and bless more children around. I'll always wish for yours and dad's wellbeing and good health!

We love you, Mom!

Your's Loving,

Srushti Gawande (LG- 2016 Wardha)



Dear Mom,

I'm so happy to have you in my life. I think I don't need mother's day to celebrate because I feel so special to have you as my mother. Seriously, I am so thankful to you for everything you are doing for us. I'm not able to express my feelings for you in words.

Wish you a very happy mother's day Mom. My love for you is unparallel. I love you, mom.

Your loving daughter.

From,

Gunjan Morade (LG - 2016 Wardha).



*contd. from page 18*

*many solutions you have produced, how many open codes you have written. The overall approach to look at problem needs to be little bit wider. Today's technology is changing so fast, so train yourself to get reskilled. How soon you upgrade yourself, is the key to your success."*

*"Do it yourself is the key. Challenge yourself. If you find any technology, upgrade or buzzword, go and re-search about it so much so that, when needed, you can answer and do it practically. You have to have 'solutions in search of problem' approach. You should be in a position to apply your knowledge. You need to be retrospective.*

*'Seeing is believing' is old. 'Doing is believing' is the new slogan of current era."* is the way he feels, of upgrading one-self.

He further says that Lila is already doing lots of things and has been always open to accept suggestions. He suggests all the Lilas to continue to work in an integrated manner for the betterment of the society.

■ - **Ms. Rashmi Tare (LF- 2012, PA- 2016) and Ms. Sonal Mohite (LF- 2012)**

**Tanushree Bengale (LJ-2011, LS-2015, LG-2017):** Awarded with a Gold medal by Savitribai Phule Pune University Pune for city Zonal sports committee Boxing Championship 2017-18 and also awarded with a Gold medal from West zone Boxing Championship 2018, Surat.



**Purva Ekatpure (LG-2015):** Selected as the Meeting Coordinator of IEEE (Institute of Electrical and Electronics Engineers) Region 10 (Asia Pacific) Student Activities Committee team.



**Kalyani Battulwar (LG-2016) Wardha:** Topper of Information Technology Department, Yashwantrao Chavan College of Engineering, Nagpur.



**Sukanya Khupase (LG-2017):** Got first prize for her project - "Voice activity detection" in Project Competition held in PICT College, Pune.



**Dipika Gautam (LG- 2014 and PA- 2017):** Selected in top 16 in Mirchi Queen Bee 2018, an initiative by Radio Mirchi Pune 98.3 FM and won two titles in the show, Mirchi Miss Popular 2018 and Mirchi Queen Bee 2<sup>nd</sup> runner up.



**Rita Madanlal Shetiya (LF-2005 and PA 2011):** Received Best Research Paper Award for Article 'Impact of GST on Indian Economy'.



**Qamrunnisa Abdul Wahidshaikh (LF -2017):**

Received 1<sup>st</sup> rank for her article on GLOWING GENES: THAT LIGHT THE NIGHT in college campus and published in WJPR journal (World Journal Of Pharmaceutical Research).



**Varshali Budhauilya**  
LF-2001  
Rs. 25,000



**Sai Motamari**  
LG-2013  
Rs. 20,000



**Sarika Deore**  
LF-2001  
Rs. 21,000



**Shruti Kadam**  
LF-2011  
Rs. 60,000





*A video shown by trainer Mrs. Monika Nair for better understanding of body language*



*Lila Girl explaining MIND MAP*



*Group activity-Skit performance by Lila girls*



*Trainer Mr. Bhandari showing a demo of how to defend the attacker*



*Lila Girls posing for a Group Photo with trainer Ms . Tanuja Thombre along with their MIND MAP*



*Lila Girls posing for a group photo with trainer Ms. Meera Natarajan*





*Trainer Mr. Bhandari showing the technique of how to defend in case of weapon used during the attack*



*Trainer Ms. Rashmi Tare (PA- 2016, LF- 2012) taking Mock Interview Session of Lila girls*



*Trainer Mr. Minocher Patel giving examples on How to build Confidence and succeed in Life*



**Independence Day Celebration** along with underprivileged people at Pune railway station conducted by Peace Ambassadors 2017



*Trainer Mrs. Monika Nair explaining the Body language parameters to Lila girls*



*Group Discussion on the topic 'mistakes done by Nurses'*



**Rakshabandhan celebration** with War Heroes at Paraplegic Rehabilitation Centre, Kirkee, Pune on 1st September by Peace Ambassadors 2017



**As the column name suggests, here we present our senior sister Dr. Jyoti Dalvi-Malhotra (LF-1998). This article will narrate her journey from Pune chawl to USA. She did her Ph.D. from the University of Hull, U.K. and Missouri University of Science and Technology, USA. She has 14-year industry experience in semiconductors, electronics packaging, and printed electronics (Brewer Science, USA 2004-2017). She is also inventor of 2 commercial polymer products with 4 fully issued patents and dozens of scientific publications. Jyoti is governing board member of the Kaleidoscope Discovery Center of Rolla, USA. On certain science policies, she has represented American Chemical Society to the legislators at the Capitol Hill or their district offices, on many occasions for several years. She continues to be a fierce advocate for higher education in rural parts of Missouri, USA - Gave televised talks to the Rolla City Council and Rolla public school board. Gave talks/coached robotic teams of many schools in the rural parts of Missouri, USA. We asked Jyoti about her journey and she poured out her heart.**

Our dear mom (Padmashree Lila Poonawalla) is an example of a visionary and rare human being. She got it right that education is the key to opening the door of our bright future. Like many Lila fellows, Jyoti Dalvi (LF-1998) is a product of mom's vision and mission.

*She says, "If you lend me your ears, I got a story to share with you, story about a girl born in chawl of Pune, who then ended up doing her research abroad and continue to work in USA. I owe my life to two divine powers; blessings of parents/mom and our Foundation, the Lila Poonawalla Foundation which gave me helping hand when I needed it the most."*

Both my parents could study only up to high school but they always encouraged me for higher education. My late father used to own a small autorickshaw-repair garage. Since that business did not bloom, he started driving autorickshaw to run the family. Being the only breadwinner of the family, he worked tirelessly. Circumstances do two things to you: they make you a go-getter or they can affect your natural ability to survive and thrive. So be a go-getter always.

I always enjoyed studying. Background noise in the chawl community, having no electricity, sleeping on the floor for first 20 years of life never bothered me. The only aim was to secure a scholarship and not a loan, to turn my dream of studying abroad into a reality. So, I started writing to many universities in England. I sent 'hand-written' resumes along with a 'hand-written' letter justifying why they should give me full scholarship for my Ph.D. I wrote to 50+ universities of England and finally those efforts paid off. The University of Hull, U.K. gave me complete research scholarship to pursue my Ph.D. in 1998. I must mention here that the existing relationship between the Savitribai Phule Pune University and the University of Hull, U.K. definitely helped me secure complete scholarship as other U.K. universities were giving me only part scholarship.

I fondly remember many of my teachers by their names and faces, from my kindergarten, Renuka Swaroop High School, S. P. College to University of Pune. Their teaching laid the strong foundation for my professional career. But there was one teacher whom I will never forget. When I was trying so hard for securing scholarship, he said that he will shave off his head if I get the scholarship.

It was a mean spirited comment, I still remember crying so hard that day, but then, kept my head high, worked even harder, and guess what - pulled off success.

Not to forget to mention, we were still worried as to how I will reach England. We did not have enough money to buy a plane ticket and even support my initial expenses in England. So, I started another local search, walking miles after miles, going to unexplored areas of Pune to visit local businesses, local newspaper offices for scholarship, but in vain. Finally, my English class tutor referred an advertisement which was about Lila Poonawalla Foundation (LPF). Then what, I showed it to my father and he kindly gave me Rs. 250 for the scholarship form. I rushed to the foundation office, but then realized that the form fee was Rs. 300. I did not have those extra 50 Rupees; tears started rolling down my cheeks. Came home that day, my father gave me extra Rs. 50, and I went back to submit my form. Lo and behold, I was called for an interview. I still remember very clearly, all the trustees, including mom (Lila Mom), Maya aunty, and Late Surabhi Nag madam were sitting at an oval table. My English was so poor that during my interview, I said, "I came here to chit chat with you." Till date, mom teases me for that.

Like I mentioned earlier, only because of the divine power, I was then honored by the foundation as a Lila Fellow. When I received the letter from foundation saying I was approved Rs. One Lakh in fellowship, I couldn't believe myself. The letter did not mention amount in words, there was a number with 5 zeros. All of us, my parents and I kept counting 5 zeros to make sure we understand the amount right. Along the way, mom, Maya Aunty, and late Nag madam helped me a lot. Nag madam taught me how to correctly pronounce letter J, taught me how to hold knife and fork, and helped me with my U.K. visa forms, so much she did for me. Maya aunty gifted me beautiful western clothes, visited my family many times while I was away. What can I say about mom (Lila Mom)? She went out of the way to help my family when they were undergoing some crisis, while I was away. Writing this and recalling those moments, brings tears to my



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eyes and my heart is filled with gratitude for mom and the foundation.

But why to go for higher education? Through the lens of higher education, you can see much further and achieve your big dream which may seem impossible at first. Studying in England and USA taught me advanced principles of scientific research development. I traveled around the world, presenting my research and got to collaborate with people from the world-renowned government institutes and private industries from Europe, Asia, and North America. While engineering and science fields can appear far off and distant, the only requirement to achieve these goals is motivation. I always feel that it doesn't have to be that your parents are professors or doctors for you to be a professor or a doctor. It really starts with what kind of motivation you have from your parents or your teachers, or yourself. World is really gigantic. There is so much to learn from people of different culture and different countries. With higher learning, you not only go to places but you also get much broader outlook for life.

As you study higher and participate in project-based learning, you are bound to develop new skills: working in a team, public speaking, patience while things are not working, problem solving, and critical thinking under pressure. These skills would not only help you professionally but will also help you in your personal life. Coming from research and development background, I

can tell you that one solution will not work to resolve a technical problem; same principle applies to life struggle. **Scientist Marie Curie, the first woman Nobel laureate once said, "Life is not easy for any of us. So what? We must have perseverance and above all confidence in ourselves. We must believe that we are gifted for something and that thing must be attained."**

Higher education leads to minds those are not afraid to build and rebuild, there is no such thing as failure. If they say you are a day-dreamer, ignore them. That is what I did when people called me the one. If I would have paid attention to them, I would not have been here. Have you seen those people who do caricature art by roadside? Caricature artists always amaze me, they are so engrossed in their drawing, and they deliver beautiful pieces of art by completely ignoring background noise around them. Stay focused and that will help you think clearly.

It has been 20 years since I was honored as a Lila fellow, this humble article is a tribute to mom (Lila Mom), and she is a guardian angel to many. I get my 'giving back' attitude from her. I owe tonnes of gratitude to mom from whom I draw my inspiration and dad (Shri Firoz Poonawalla) who is the rock solid support to the Lila Poonawalla Foundation."

**Don't worry what people say, you keep marching forward!**

■ - Dr. Jyoti Dalvi-Malhotra (LF -1998)

## Inspira

## Editor's Desk

**I**nspiration means the process of being mentally stimulated to do or feel something, especially to do something creative and out of the box. This is what the foundation tries to do through our beloved magazine Inspira, besides sharing the current updates. I am sure all of you must be amazed looking at the phenomenal success our Lila sisters have been achieving, not only in their academics but also in extra-curricular activities.

Dad and Mom along with the team have perfectly defined "Peace Ambassadors" and their duties. Let us not only contemplate on it, dear sisters, but also internalize the same. Inspire of giving us so much, they always have



*Inspira release, issue 51 alongwith with Prof. Goran Grosskopf and Dr. Brigitta Grosskopf*

something to share, teach and continue to inspire us in several ways.

It is my 6th year with Inspira and I am happy take new and additional responsibilities from 52nd issue as an editor. I got a whole new perspective; every column inspires me to do my best in whatever I take up. It has taught me that where there is a will, there is definitely a way. Thanks to Mom for giving me this opportunity, thanks to Dr.

Harshada Babrekar who is always just a call away.

Happy reading, later alligator!

■ - Ms. Rashmi Tare  
LF -2012, PA 2016

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All archives and current issues of Inspira are available online at : <http://www.lilapoonawallafoundation.com/html/inspira.html>

Printed and Published by : Lila Poonawalla Foundation

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